

CHICKEN AND LEEK POT PIE

EQUIPMENT

CHEF KNIFE, MIXING BOWLS, SCALES, WOODEN SPOON, ROLLING PIN, 4 X 200-300gm Ramekins, Pastry Brush, Fork, Baking Tray

INGREDIENTS

5 X BONELESS SKIN OFF CHICKEN THIGH FILLETS, 1 LEEK, 250GM CHICKEN STOCK, 3 CLOVES OF GARLIC, 30GM PLAIN FLOUR, 30GM BUTTER, 6 SPRIGS OF THYME, 1 X EGG YOLK, OLIVE OIL, SALT, CRACKED BLACK PEPPER, 150-200GM SHORTCRUST PASTRY

METHOD

HEAT A MEDIUM SIZE FRY PAN AND ADD A SPLASH OF OLIVE OIL

PLACE FLOUR, SALT, PEPPER AND CHOPPED THYME IN A MIXING BOWL AND MIX WELL

PLACE DICED CHICKEN INTO THE FLOUR AND MIX WELL TO COAT WITH THE FLOUR

PLACE THE CHICKEN INTO THE FRY PAN AND COOK FOR 2-3 MINS UNTIL BEGINNING TO COLOUR

ADD THE BUTTER AND ONCE MELTED ADD THE DICED LEEK AND COOK FOR 2 MINS, THEN ADD THE GARLIC AND COOK FOR A FURTHER 3 MINS

POUR IN THE STOCK AND BRING TO THE BOIL, TURN THE HEAT DOWN AND REDUCE FOR 4-5 MINS UNTIL THE GRAVY THICKENS

Remove from the heat and spoon into ramekins and set aside for 5 mins while you roll out pastry into discs slightly larger than the ramekins

EGG WASH THE EDGES OF THE PASTRY AND PRESS ONTO THE TOPS OF THE RAMEKINS

Use a fork to press the pastry onto the outside edge of the ramekins, egg wash the top of the pastry and poke a small hole in the top of the pastry

PLACE THE RAMEKINS ON A BAKING TRAY AND PUT IN A PRE-HEATED OVEN COMBI SETTING 180 DEGREES FOR 20-25 MINS

ONCE COOKED REMOVE FROM THE OVEN AND SERVE WITH A CRISP GREEN SALAD

HINTS & TIPS

- YOU CAN MAKE THE PIE MIX IN ADVANCE JUST REMEMBER TO BRING IT UP TO ROOM TEMPERATURE BEFORE YOU BAKE IT.

- IF YOU DON'T HAVE TIME TO MAKE YOUR OWN PASTRY YOU CAN USE EITHER STORE BROUGHT SHORTCRUST OR PUFF PASTRY INSTEAD

- You can always add different flavours using the same method. Try bacon, peas or even some goat's cheese

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