

CURRIED EGGS

EQUIPMENT

PARING KNIFE, PERFORATED TRAY, SPOONS, MIXING BOWLS, ICE, PIPING BAG, FOOD PROCESSOR

INGREDIENTS

6 FREE RANGE EGGS, 50-60GM MAYONNAISE, 3-5GM MILD CURRY POWDER, SALT FLAKES, DILL SPRIGS FOR GARNISH

METHOD

Place the eggs on a perforated tray and into a pre-heated oven steam setting 100°C for 15 minutes. Once cooked remove from the oven and place the eggs into a bath of iced water to chill for a mimimum of 15 minutes.

Once completely cold peel the eggs and cut them in half. Remove the cooked yolks and place the yolks into the bowl of a food processor.

BRIEFLY BLITZ THE YOLKS UNTIL THEY RESEMBLE COARSE BREADCRUMBS THEN ADD THE MAYONNAISE, CURRY POWDER AND SALT AND BLITZ AGAIN UNTIL SMOOTH.

TRANSFER THE YOLK MIXTURE TO A PIPING BAG AND PIPE IT BACK INTO WHITES.

GARNISH EACH EGG HALF WITH A LITTLE SPRINKLE OF CURRY POWDER AND A SPRIG OF DILL AND SERVE.

HINTS & TIPS

- STEAMED OR BOILED EGGS ARE MUCH EASIER TO PEEL WHEN THEY ARE COMPLETELY COLD

- THE FLAVOURS USED IN THIS DISH ARE CLASSIC BUT CAN BE CHANGED. TRY THE SAME RECIPE USING SMOKED PAPRIKA INSTEAD OF CURRY POWDER.

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