

CANDIED BACON & EGG BRUNCH TARTS

EQUIPMENT

MIXING BOWL, MUFFIN TRAY, PASTRY BRUSH, TEA TOWEL, SOLID BAKING TRAY, CAKE RACK

INGREDIENTS

3 SHEETS (THICK) FILO PASTRY, 3 RASHERS STREAKY BACON, 20GM CASTER SUGAR, 6 EGGS, PINCH OF CHILLI FLAKES, 30-40GM MELTED BUTTER, 3-4 SPRIGS PARSLEY, CRACKED BLACK PEPPER

METHOD

PLACE A CAKE RACK OVER A SOLID BAKING TRAY AND LAY THE BACON ON TOP OF THE CAKE RACK. SEASON THE BACON WITH CHILLI FLAKES AND SPRINKLE OVER CASTER SUGAR AND PLACE THE BACON INTO A PRE-HEATED OVEN COMBI SETTING 200°C FOR 8-12 MINUTES UNTIL CRISP.

WHILE THE BACON COOKS LIGHTLY BUTTER THE MUFFIN TIN AND SET ASIDE.

JOIN 3 SHEETS OF FILO PASTRY TOGETHER BY BRUSHING BUTTER OVER EACH SHEET AND PLACING EACH SHEET ONE ON TOP OF THE OTHER.

Cut the joined filo pastry sheet into 6 equal sized squares and press the squares into each divot of the muffin tray. Once the muffin tray is filled with pastry cover it with a tea towel and set aside.

Once the bacon is cooked remove it from the oven and roughly chop the bacon. Place a small amount of bacon into the bottom of each pastry shell. Crack one egg into each pastry shell and season with a little salt and cracked black pepper. Scatter the remaining bacon over the eggs and place the muffin tray into a pre-heated oven combi setting 190°C for 8-10 minutes.

WHILE THE PASTRIES COOK ROUGHLY CHOP THE PARSLEY.

ONCE BAKED REMOVE THE TARTS FROM THE OVEN AND SPRINKLE OVER THE CHOPPED PARSLEY AND SERVE.

HINTS & TIPS

- FOR EXTRA TEXTURES AND FLAVOUR ADD SOME GRATED CHEESE, CHILLI JAM OR EVEN CARAMELISED ONION TO THE TART SHELLS.
 - THESE TARTS ARE GREAT SERVED HOT BUT CAN ALSO BE ENJOYED COLD AS A PART OF A LUNCH BOX OR PICNIC.